MBTI® Certification Online Refresher

Renew your MBTI knowledge and confidence with this on-demand video course.

Feeling a bit rusty? **If you successfully completed an MBTI certification program but haven't used what you learned there in a while, this self-paced online video course is for you**.

Designed to be completed in as little as a single afternoon, it provides a brief but comprehensive review of the information you need to quickly get back up to speed and facilitating trainings with confidence.

COURSE OUTLINE

1. Introduction

Welcome to our MBTI® Certification Online Refresher course. This introductory video segment walks you through what to expect in the rest of the videos and how to best use this course to maximize your facilitation of the MBTI assessment.

2. A Review of Type Basics

This segment reviews the basics of the MBTI framework, starting with Jung's theory of personality type and the development of the MBTI assessment – including what it is and is not designed to do. It also reviews what is meant by *type preferences*, how the preference pairs work, and the differences between *type* and *trait* instruments.

- ◆ Jung's theory of personality type
- ◆ Our preferences – nature vs. nurture
- ◆ Briggs and Myers' contributions
- ◆ The MBTI assessment – what it is/isn't
- ◆ "Handedness" example

- ◆ The four preference pairs
- ◆ 16-room house analogy
- ◆ Language use
- ◆ Personality vs. behavior
- ◆ Type vs. trait instruments

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3. Administering the MBTI® Assessment

This segment reviews what's involved in administering the MBTI assessment, including introducing type, establishing a mind-set conducive to taking the assessment, selecting the appropriate assessment, and following ethical guidelines. It also provides a brief introduction to the required best-fit type verification process.

◆ Steps in introducing type

◆ Desired mind-set

◆ Which assessment to use

◆ Ethical guidelines

◆ Introduction to best-fit type verification process

4. Introducing the Global Assessment

In 2018, The Myers-Briggs Company introduced a new global form of the MBTI assessment. This segment provides an overview of this new assessment.

◆ Introduction to the MBTI global assessment

◆ Reasons for the update

◆ What's new

◆ Benefits

5. Interpreting MBTI® Assessment Results

This segment reviews how to interpret individuals' MBTI results for both Form M and the Global Step I™ assessment and takes an in-depth look at the best-fit type verification process.

◆ Reported type vs. best-fit type

◆ Exploration of preference pairs

◆ Best-fit type verification: Why it's so important to "get it right"

◆ MBTI global assessment and new probability index

◆ MBTI reports and preference clarity

◆ Best-fit challenges: What to do when you can't get to best-fit type

6. Creating and Analyzing a Team Type Table

This segment reviews several ways to analyze a team type table, including by opposite preferences (E–I, S–N, T–F, J–P), by columns (process pairs – NF, NT, SF, ST), and by rows (preferences for dealing with change – IJ, IP, EJ, EP).

◆ Preference pairs

◆ Process pairs (columns)

◆ Preferences for dealing with change (rows)

7. Type Dynamics

This segment explores type dynamics – the interaction of the four preferences in each MBTI type – and the insight we gain by understanding how individuals use all four mental functions (processes), not just the two that appear in their four-letter type. It also reviews the order in which individuals typically access the functions and how this is presented in the *Introduction to Myers-Briggs® Type* booklet.

◆ Overview

◆ The eight dominant functions

◆ Dominant, auxiliary, tertiary, and inferior functions

◆ Using the *Introduction to Myers-Briggs® Type* booklet to explore type dynamics

8. Learning Tasks for Applying Type with Teams

This segment reviews several exercises and activities, including the "Living Type Table" and "Draw Your Room" learning tasks, that you can use to make type exploration engaging and meaningful for groups you work with.

◆ Living Type Table learning task

◆ Draw Your Room learning task

◆ Type and Leadership learning task

◆ Contributions and Needs learning task

◆ Team problem-solving model

9. The Research Behind the MBTI® Instrument

This segment provides information on the research behind the MBTI instrument and explains why it matters.

◆ Construction of the MBTI instrument

◆ Reliability definition and measurement

◆ Validity definition and evidence

10. Responding to Criticism of the MBTI® Assessment

This final segment presents common misconceptions about, objections to, and criticisms of the MBTI assessment and provides the facts and information you need to speak knowledgeably on the subject.

◆ Common misconceptions and how to address them

◆ Common objections and how to address them

11. Closing Remarks

Bonus chapter: Giving Feedback to Individuals on the MBTI® Global Step I™ Assessment

This segment provides a real-life best-practices example of a feedback session on the MBTI® Global Step I™ assessment.